

Appendix 2 (as supplied by the authors): Discussion guide for consensus workshop

CKD self-management eHealth tool content

What questions/information would _____ (patient persona/caregiver persona) have around (or be seeking) for:

- Understanding CKD (e.g. cause, risk factors, what kidneys do, signs/symptoms, treatment options, progression, complications, etc.)
- Diet (e.g. food labels, conflicting restrictions based on multi-morbidities, etc.)
- Medications (e.g. side effects, why prescribed, how to take, etc.)
- Symptoms (e.g. fatigue, medication side effects)
- Work/school (e.g. maintaining work/school)
- Travel (e.g. insurance)
- Mental/physical health (e.g. fear, acceptance of disease, stigma/amount, type of activity)
- Finances (e.g. cost of medications)

Who would _____ (patient persona/caregiver persona) approach (seek out) for more emotional, social, and/or psychological support (e.g. to address depression, coping, maintaining relationships, sustaining hobbies, etc.)?

Probe: health care provider, family member (e.g. spouse, son/daughter), friends, peers, community group, people with similar concerns, multiple people/groups?

What would emotional, social and/or psychological support look like for _____ (patient persona/caregiver persona)?

Probe: peer/buddy support, message boards, forums, etc.?

CKD self-management eHealth tool features

What features would _____ (patient persona/caregiver persona) like included in an eHealth tool?

OR

How would _____ (patient persona/caregiver persona) navigate an online tool/app?

Probe:

Would any of these features (show handouts) be appealing to _____ (patient persona/caregiver persona):

- Access to general education/information (e.g. regarding content topics – diet, medication, mental/physical health, etc.)
 - Training/education (e.g. interactive modules)
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- Checklists (e.g. questions to ask health care provider)
 - Reminders/alerts (e.g. medication – timing, refill reminders; lifestyle goals – exercise reminders, appointment reminders, etc.)
 - Monitoring - access to and/or record data (e.g. patient portal – see lab results, medication list, current diagnosis, BP, etc.)
 - Individualized information (e.g. custom information on diet for particular needs - CKD and diabetes; care planning – action/goal planning)
 - Communication options – to communicate with health care providers, social networks, etc. (e.g. secure messaging, phone, online chat, etc.)
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What format would _____ (**patient persona/caregiver persona**) want:

- Text
- Photos/pictures/graphs/etc.
- Print
- Video
- Social media
- Other (e.g. _____)

Multiple/hybrid methods
